

Therapist _____ Supervisor _____ Date _____

INITIAL PROFESSIONAL DEVELOPMENT PLAN

O.K.	Needs Work	Don't Know	INFORMATION
			The history of Homebuilders
			Contractual requirements
			Mandated reporting

O.K.	Needs Work	Don't Know	SKILLS
			Ability to demonstrate HB values and beliefs
			Active listening with individual
			Active listening with family
			Motivational Interviewing
			Comprehensive assessment using the NCFAS
			Safety assessment and planning
			Ability to set goals with the family
			Ability to be assertive
			Ability to teach assertiveness
			Ability to teach communication skills
			Ability to control own emotions and think rationally
			Ability to organize own life to allow responsiveness to clients
			Ability to brainstorm options in difficult situations
			Ability to give and accept feedback
			Ability to participate appropriately in team consultation
			Ability to know when to contact supervisor for help

			Ability to work well with QUEST consultant
			Ability to handle ambiguity and complexity
			Ability to clearly self-disclose when appropriate
			Ability to recognize own strengths and weaknesses
			Ability to set up behavioral chart
			Ability to design emotion management treatment plan
			Ability to structure daily routines
			Ability to implement cognitive interventions
			Ability to design and implement behavioral contracts
			Ability to creatively advocate to meet clients basic needs
			Ability to network with referring workers/other service providers and informal support networks
			Ability to network with informal social support networks
			Critical thinking skills
			Appearance
			Ability to follow the Clinical Paperwork Guidelines
			Ability to keep clinical paperwork up to date

Development Activities	Timeframe